

Selection of Incorrect Medication Pump Leads to Chemotherapy Overdose

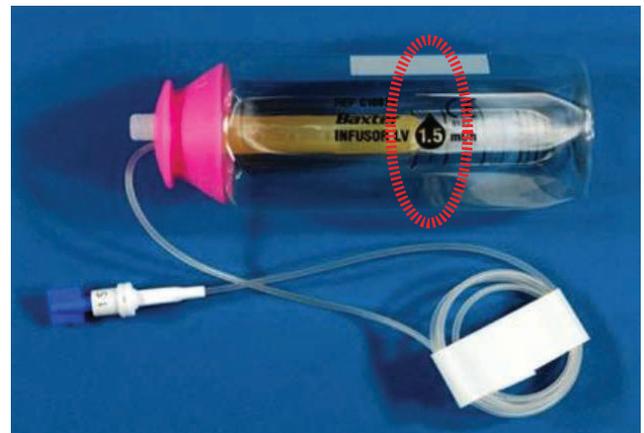
Elastomeric infusion pumps: *Using a checklist at the point of care promotes systematic completion of safety steps, in the presence of the patient, with his or her engagement.*

ISMP Canada received a report about an ambulatory patient who received a chemotherapy drug that was administered more rapidly than prescribed via an elastomeric infusion pump (a type of pump that contains the medication in an elastic “balloon”). Following this incident, the reporting facility developed and implemented a point-of-care checklist in addition to a number of other strategies to reduce the risk of a reoccurrence of this type of incident. This bulletin focuses on the benefits of the point-of-care checklist to improve patient safety.

Incident Description

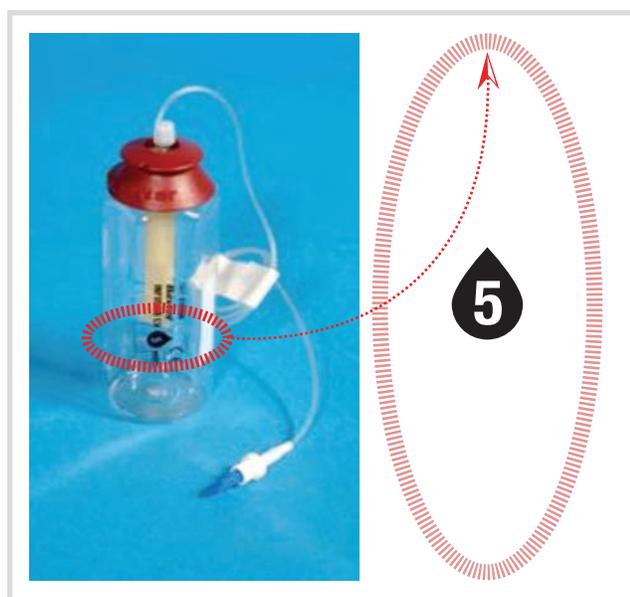
A patient with rectal cancer receiving concurrent chemotherapy and radiation was prescribed fluorouracil 3000 mg, to be administered intravenously (IV) via an elastomeric infusion pump over 7 days at home. The patient was informed that the total volume of medication in the device would infuse over 7 days at the rate of 1.5 mL/h (see Figure 1).

Figure 1. Example of an empty elastomeric infusion pump that delivers the medication at a rate of 1.5 mL/h. The rate of infusion is marked inside a black teardrop-shaped symbol (circled in red).



During the second day of treatment, the patient noticed that the pump was empty, and returned to the cancer centre for assessment. The clinical team determined that the fluorouracil had been prepared in an elastomeric infusion pump that delivered the medication at a rate of 5 mL/h instead of 1.5 mL/h (see Figure 2). Use of the incorrect pump had resulted in administration of the medication over 46 hours instead of the intended 7 days. Consequently, the patient was admitted to the hospital for observation for 2 days and was then discharged. Chemotherapy and radiation therapy were re-initiated the following week.

Figure 2. Example of an empty elastomeric infusion pump that infuses medication at a rate of 5 mL/h. The rate of infusion is marked inside a black teardrop-shaped symbol (circled in red). The symbol is rotated and illustrated to the right of the picture.



Background

Fluorouracil is commonly used to treat colorectal cancer and other cancers of the gastrointestinal tract. Dosage regimens and duration of administration vary considerably depending on the cancer type, protocol used, patient response, and concomitant therapy.¹ Lower doses may be given as IV bolus injections, whereas higher doses are usually given by continuous IV infusion over periods ranging from 22 hours to 21 days.¹ In the event of an error resulting in overdose, the potential for severe harm is correlated with the dose administered.² Administration of chemotherapy by continuous IV infusion using a portable device such as the elastomeric infusion pump allows a patient to complete the treatment at home. After the oncologist orders the medication, it is supplied by the pharmacy (with the medication prepared either in the pharmacy or purchased from an outsourced supplier) and then delivered to the cancer centre for administration by the clinic staff. The clinic staff is responsible for providing patient education, including the expected duration of the treatment with the pump.

An elastomeric infusion pump operates by using the deflation pressure from the “balloon” to push the medication through the tubing at a constant rate into the IV catheter or port.³ These infusers are non-electronic and do not require additional equipment such as batteries or programming before use.³ They are available in multiple sizes and with a variety of flow rates. The choice of elastomeric infusion pump is based on the volume of medication to be administered as well as the intended duration of infusion. Flow rates are identified by markings on the side of the infusion pump (see Figure 1). Progression lines on the side of the outer plastic housing line up with the balloon inside to help the patient and clinic staff view that the medication is infusing.

Discussion

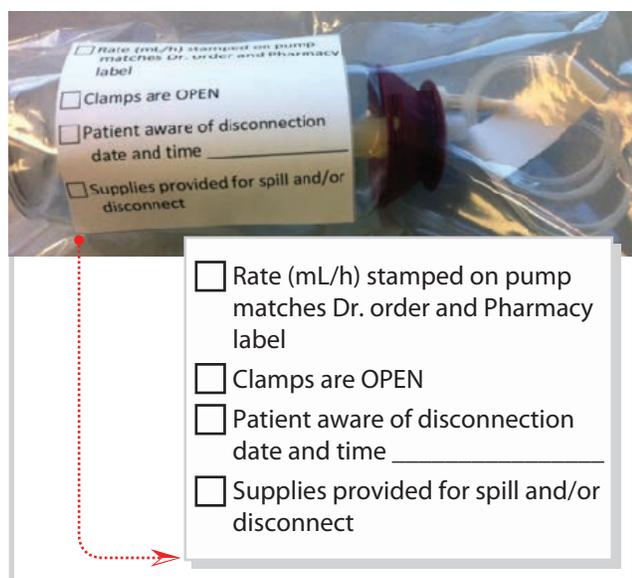
Although such pumps are viewed as safer than electronic infusion pumps in certain instances, their use also presents potential hazards.⁴ The facility involved their human factors team in the incident review and the identification of contributing factors. Although several strategies were developed and implemented to reduce the likelihood of similar errors, a significant process improvement that the facility wanted to share was the implementation of a point-of-care checklist. Checklists represent a proven safety strategy, widely used in other industries, which are becoming more common in healthcare (e.g., Surgical Safety Checklist of the World Health Organization⁵). A checklist embedded into the medication order was already in place; subsequent to this incident, it was further developed to be used at the point of care.

Point-of-Care Checklist

With input from human factors experts and front-line staff, a point-of-care checklist was implemented. The checklist is attached to the elastomeric infusion pump at the point of care by the healthcare provider and discussed with the patient and their family and/or caregivers. The visible checklist has enhanced the safety checks required for pumps with medications at the point of care. This new approach has helped to mitigate potential errors associated with incorrect infusion rates for this type of pump. This checklist is designed to provide a visual cue when checking this

infusion pump (Figure 3). It is affixed to the outer plastic wrap of the pump so that information on the pharmacy label such as the patient name, drug name, dosage, duration and rate of infusion (in mL/h) also remains clearly visible on the pump.

Figure 3. The safety checklist affixed to a bag containing an elastomeric infusion pump; the bag is intended to stay with the pump. The checklist contents are shown below the picture and are accessible at the point of care.



A key safety strategy is the involvement of the patient throughout the check list process, as this creates an additional verification opportunity. Instead of being a nursing tool only, the checklist verification process helps improve the patient's and caregiver's knowledge and understanding of the pump and the treatment plan. The checklist remains with the pump at all times, with a visible list of the relevant information (see Figure 3).

Conclusion

Using a checklist at the point of care promotes systematic completion of safety steps in the presence of the patient, with his or her engagement. Use of a checklist, together with specific patient teaching, provides an opportunity for the patient and nurse to partner in appropriate safety checks and to develop a common understanding of the unique aspects of an elastomeric infusion pump. Providing the checklist as

a point-of-care label, rather than just embedding it in the medication order or in a chart, makes it visible to the patient. Equally important, the checklist remains with the pump, allowing all healthcare providers, family caregivers, and the patient to easily refer to and confirm completion of steps to promote medication safety.

Elastomeric infusion pumps offer convenience for practitioners and patients. However, they require safeguards to ensure that the correct device is selected every time and checked at the point of care. Incorporation of human factors experts and front-line team members in incident analysis and solution development led to an innovative solution—the checklist highlighted in this discussion. ISMP Canada is working with Health Canada and a Canadian manufacturer of elastomeric infusion pumps to identify additional safety strategies that manufacturers could incorporate to improve device differentiation.

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